

GLUTEN FREE MENU

Poowong Hotel

Entrees & Sides

Nachos.....	14.5
Garden Salad.....	10.5
Bowl of Vegetables.....	12.5
Bowl of Chips.....	10.5
Bowl of Mash.....	10.5



DESSERTS

Please ask the staff what our GF dessert special is (varies), served with GF ice-cream.

DISCLAIMER

Poowong Hotel aims to accommodate dietary requirements where possible; however, due to shared kitchen practices and suppliers, cross-contamination may occur. As common allergens are used in our kitchen, we cannot guarantee any item is allergen-free or suitable for specific dietary, allergy, or religious requirements. Please inform staff of any dietary needs or allergies when ordering.



Mains

Lambs Fry w mash, peas & bacon.....	30
Roast.....	31
Grilled Flathead.....	33
Chicken Surf & Turf (I).....	41
Chicken Supreme.....	39
Salmon (A)	39
Eggplant Parma.....	27
Vegan Curry w rice & flatbread.....	27
Red Thai Curry rice & flatbread.....	30
Caesar Salad.....	29
Chicken Caesar.....	33
400g Porterhouse.....	47
Steak of the week.....	P.O.A.

**All meals are served with chips and salad or vegetables unless otherwise stated.

SAUCES

All gravys, dressings & cheese's are GF (prices vary).

SEAFOOD ORIGIN

(A) - Australian
(I) - Imported
(M) - Mixed Origin