

# GLUTEN FREE MENU

Poowong Hotel

## Entrees & Sides

Nachos.....	14
Garden Salad.....	10
Bowl of Vegetables.....	12
Bowl of Chips.....	10
Bowl of Mash.....	10



## DESSERTS

Please ask the staff what our GF dessert special is (varies), served with GF ice-cream.

## Mains

Lambs Fry w mash, peas & bacon.....	29
Roast.....	30
Grilled Flathead.....	32
Chicken Surf & Turf.....	40
Chicken Supreme.....	38
Salmon.....	38
Eggplant Parma.....	26
Vegan Curry w rice & flatbread.....	26
Red Thai Curry rice & flatbread.....	30
Caesar Salad.....	28
Chicken Caesar.....	32
Porterhouse.....	42
Steak of the week.....	P.O.A.

\*\*All meals are served with chips and salad or vegetables unless otherwise stated.

## SAUCES

All Gravys, Dressings & cheese's are GF (prices vary).

## DISCLAIMER

Poowong Hotel aims to accommodate dietary requirements where possible; however, due to shared kitchen practices and suppliers, cross-contamination may occur. As common allergens are used in our kitchen, we cannot guarantee any item is allergen-free or suitable for specific dietary, allergy, or religious requirements. Please inform staff of any dietary needs or allergies when ordering.

