

GLUTEN FREE MENU

Poowong Hotel

Entrees & Sides

Nachos.....	14
Garden Salad.....	10
Bowl of Vegetables.....	12
Bowl of Chips.....	10
Bowl of Mash.....	10



DESSERTS

Please ask the staff what our GF dessert special is (varies), severed with GF ice-cream.



Mains

Lambs Fry w mash, peas & bacon.....	27
Roast.....	29
Grilled Flathead.....	31
Chicken Surf & Turf.....	40
Chicken Supreme.....	38
Salmon.....	36
Eggplant Parma.....	26
Vegan Curry w rice & flatbread.....	26
Red Thai Curry rice & flatbread.....	28
Caesar Salad.....	26
Chicken Caesar.....	30
Porterhouse.....	41
Steak of the week.....	P.O.A.

**All meals are served with chips and salad or vegetables unless otherwise stated.



SAUCES

All Gravys, Dressings & cheese’s are GF (prices vary).